

St. Gregory's Episcopal Church

The Fifth Sunday after the Epiphany

February 8, 2026

PRELUDE.....Sr. Helena Marie, CHS, Musician

THE ANGELUS

The Angelus is a traditional Christian devotion offered before Holy Eucharist and Morning and Evening Prayer in honor of the Incarnation. It is usually accompanied by the ringing of the church bell (in three sets of three for each versicle, response, and Hail Mary, followed by one set of nine for the concluding prayer). You may pray it as the bell rings, or use the silence to prepare for worship in your own way.

The first three bells



*V. The angel of the Lord announced unto Mary,
R. And she conceived by the Holy Spirit.*

Hail Mary, full of grace, the Lord is with you.
Blessed are you among women,
and blessed is the fruit of your womb, Jesus.
Holy Mary, Mother of God
pray for us sinners,
now and at the hour of our death. Amen.

The second three bells

*V. Behold the handmaid of the Lord.
R. Be it unto me according to your word.*

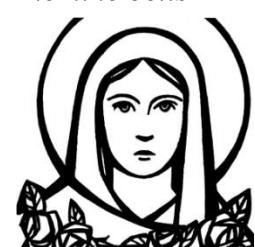
Hail Mary, full of grace...

The third three bells

*V. And the Word was made flesh.
R. And dwelled among us.*

Hail Mary, full of grace...

The nine bells



*V. Pray for us, O holy Mother of God,
R. That we may be made worthy of the promises of Christ.*

Pour your grace into our hearts, O Lord, that we who have known the incarnation of your Son Jesus Christ, announced by an angel to the Virgin Mary, may by his cross and passion be brought to the glory of his resurrection; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. Amen.

PROCESSIONAL HYMN



1. You are salt for the earth, O peo-ple: Salt for the
2. You are a light on a hill, O peo-ple: Light for the
3. You are a seed of the Word, O peo-ple: Bring forth the
4. We are a blest and a pil-grim peo-ple: Bound for the

King-dom of God! Share the fla-vor of
Cit-y of God! Shine so ho-ly and
King-dom of God! Seeds of mer-cy and
King-dom of God! Love our jour-neys and

life, O peo-ple: Life in the King-dom of God!
bright, O peo-ple: Shine for the King-dom of God!
seeds of jus-tice, grow in the King-dom of God!
love our home-land: Love is the King-dom of God!

Bring forth the King-dom of mer-cy, bring forth the
King-dom of peace; bring forth the King-dom of jus-tice,
bring forth the City of God!

The Faith We Sing 2190

WORDS: Marty Haugen (Matt. 5:13-16) © 1986 GIA Publications, Inc.

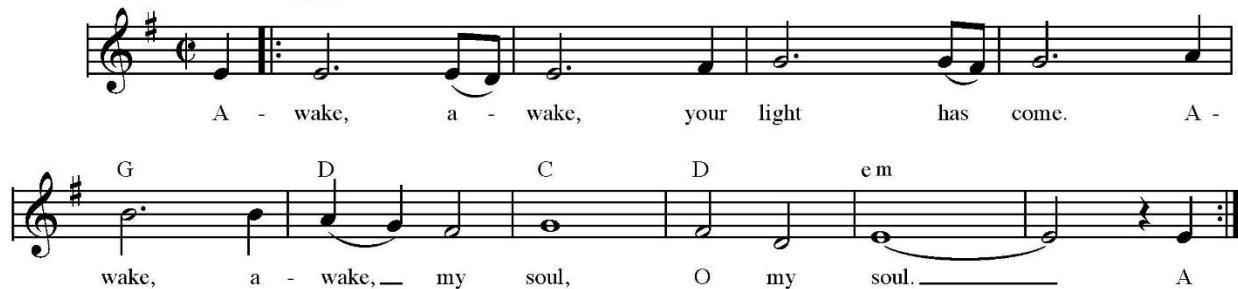
MUSIC (BRING FORTH THE KINGDOM, Irregular with Refrain): Marty Haugen, © 1986 GIA Publications, Inc.

OPENING ACCLAMATION

Celebrant Blessed be God: most holy, glorious, and undivided Trinity.
People **And blessed be God's kingdom, now and for ever. Amen.**

Celebrant Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

SONG OF PRAISE



THE COLLECT OF THE DAY

Celebrant The Lord be with you.
People **And also with you.**
Celebrant Let us pray.

Set us free, O God, from the bondage of our sins, and give us the liberty of that abundant life which you have made known to us in your Son our Savior Jesus Christ; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. *Amen.*

THE FIRST READING

Isaiah 58:1-9a, [9b-12]

Shout out, do not hold back!
Lift up your voice like a trumpet!
Announce to my people their rebellion,
to the house of Jacob their sins.
Yet day after day they seek me
and delight to know my ways,
as if they were a nation that practiced righteousness
and did not forsake the ordinance of their God;
they ask of me righteous judgments,
they delight to draw near to God.
“Why do we fast, but you do not see?
Why humble ourselves, but you do not notice?”

Look, you serve your own interest on your fast day,
and oppress all your workers.

Look, you fast only to quarrel and to fight
and to strike with a wicked fist.

Such fasting as you do today
will not make your voice heard on high.

Is such the fast that I choose,
a day to humble oneself?

Is it to bow down the head like a bulrush,
and to lie in sackcloth and ashes?

Will you call this a fast,
a day acceptable to the LORD?

Is not this the fast that I choose:
to loose the bonds of injustice,
to undo the thongs of the yoke,

to let the oppressed go free,
and to break every yoke?

Is it not to share your bread with the hungry,
and bring the homeless poor into your house;

when you see the naked, to cover them,
and not to hide yourself from your own kin?

Then your light shall break forth like the dawn,
and your healing shall spring up quickly;
your vindicator shall go before you,
the glory of the LORD shall be your rear guard.

Then you shall call, and the LORD will answer;
you shall cry for help, and he will say, Here I am.

Reader Hear what the Spirit is saying to God's people.
People **Thanks be to God.**

Psalm 112:1-10 (chanted in unison)

1 Hallelujah! Happy are they who fear the | **Lord** *
and have great delight in God's com**mandments**!

2 Their descendants will be mighty in the | **land**; *
the generation of the upright will be | **blessed**.

3 Wealth and riches will be in their | **house**, *
and their righteousness will last for | **ever**.

- 4 Light shines in the darkness for the | **upright**; *
the righteous are merciful and full of com|**passion**.
- 5 It is good for them to be generous in | **lending** *
and to manage their affairs with | **justice**.
- 6 For they will never be | **shaken**; *
the righteous will be kept in everlasting re|m**embrance**.
- 7 They will not be afraid of any evil | **rumors**; *
their heart is right; they put their trust in the | **Lord**.
- 9 They have given freely to the | **poor**, *
and their righteousness stands fast for ever;
they will hold up their head with | **honor**.
- 10 The wicked will see it and be angry;
they will gnash their teeth and pine a|**way**; *
the desires of the wicked will | **perish**.

THE EPISTLE

1 Corinthians 2:1-12

When I came to you, brothers and sisters, I did not come proclaiming the mystery of God to you in lofty words or wisdom. For I decided to know nothing among you except Jesus Christ, and him crucified. And I came to you in weakness and in fear and in much trembling. My speech and my proclamation were not with plausible words of wisdom, but with a demonstration of the Spirit and of power, so that your faith might rest not on human wisdom but on the power of God.

Yet among the mature we do speak wisdom, though it is not a wisdom of this age or of the rulers of this age, who are doomed to perish. But we speak God's wisdom, secret and hidden, which God decreed before the ages for our glory. None of the rulers of this age understood this; for if they had, they would not have crucified the Lord of glory. But, as it is written,

“What no eye has seen, nor ear heard,
nor the human heart conceived,
what God has prepared for those who love him”—

these things God has revealed to us through the Spirit; for the Spirit searches everything, even the depths of God.

For what human being knows what is truly human except the human spirit that is within? So also no one comprehends what is truly God's except the Spirit of God. Now we have received not the spirit of the world, but the Spirit that is from God, so that we may understand the gifts bestowed on us by God.

Reader Hear what the Spirit is saying to God's people.
People **Thanks be to God.**

GOSPEL ALLELUIA



Music: *Mass of Light*, David Haas, © 1988, GIA Publications, Inc.

THE GOSPEL

Matthew 5:13-20

Celebrant The Holy Gospel of our Lord Jesus Christ according to Matthew.
People **Glory to you, Lord Christ.**

Jesus said, “You are the salt of the earth; but if salt has lost its taste, how can its saltiness be restored? It is no longer good for anything, but is thrown out and trampled under foot.

“You are the light of the world. A city built on a hill cannot be hid. No one after lighting a lamp puts it under the bushel basket, but on the lampstand, and it gives light to all in the house. In the same way, let your light shine before others, so that they may see your good works and give glory to your Father in heaven.

“Do not think that I have come to abolish the law or the prophets; I have come not to abolish but to fulfill. For truly I tell you, until heaven and earth pass away, not one letter, not one stroke of a letter, will pass from the law until all is accomplished. Therefore, whoever breaks one of the least of these commandments, and teaches others to do the same, will be called least in the kingdom of heaven; but whoever does them and teaches them will be called great in the kingdom of heaven. For I tell you, unless your righteousness exceeds that of the scribes and Pharisees, you will never enter the kingdom of heaven.”

Celebrant The Gospel of the Lord.
People **Praise to you, Lord Christ.**

THE SERMON..... The Rev. Matthew Wright

THE NICENE CREED

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,

true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
 he came down from heaven:
by the power of the Holy Spirit
 he became incarnate from the Virgin Mary,
 and was made human.
For our sake he was crucified under Pontius Pilate;
 he suffered death and was buried.
On the third day he rose again
 in accordance with the Scriptures;
he ascended into heaven
 and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
 and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

THE PRAYERS OF THE PEOPLE

Following each petition, the People sing in response

Lord, hear our prayer. Lord, hear our prayer.
Lord, in your mer - cy, Lord, hear our prayer.

Text and Music: Liam Lawton, b. 1959; © 1995

The Celebrant adds a concluding Collect.

CONFESSİON OF SIN

The Celebrant says

Let us confess our sins against God and our neighbor.

Silence

Minister and People

Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.

We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.

We are truly sorry and we humbly repent.

For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will, and walk in your ways,
to the glory of your Name. Amen.

The Priest says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ,
strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.
Amen.

THE PEACE

Celebrant The peace of Christ be always with you.
People **And also with you.**

The people greet one another with a sign of Christ's peace. Parish announcements may be made.

OFFERTORY ANTHEM (*sung by choir*)

DOXOLOGY

Praise God from whom all bles - sings flow; praise God all crea-tures here be-low;
praise God, the Tri-ni - ty of love, be - fore, be-neath, a - round, a - bove.
A - men.

THE GREAT THANKSGIVING

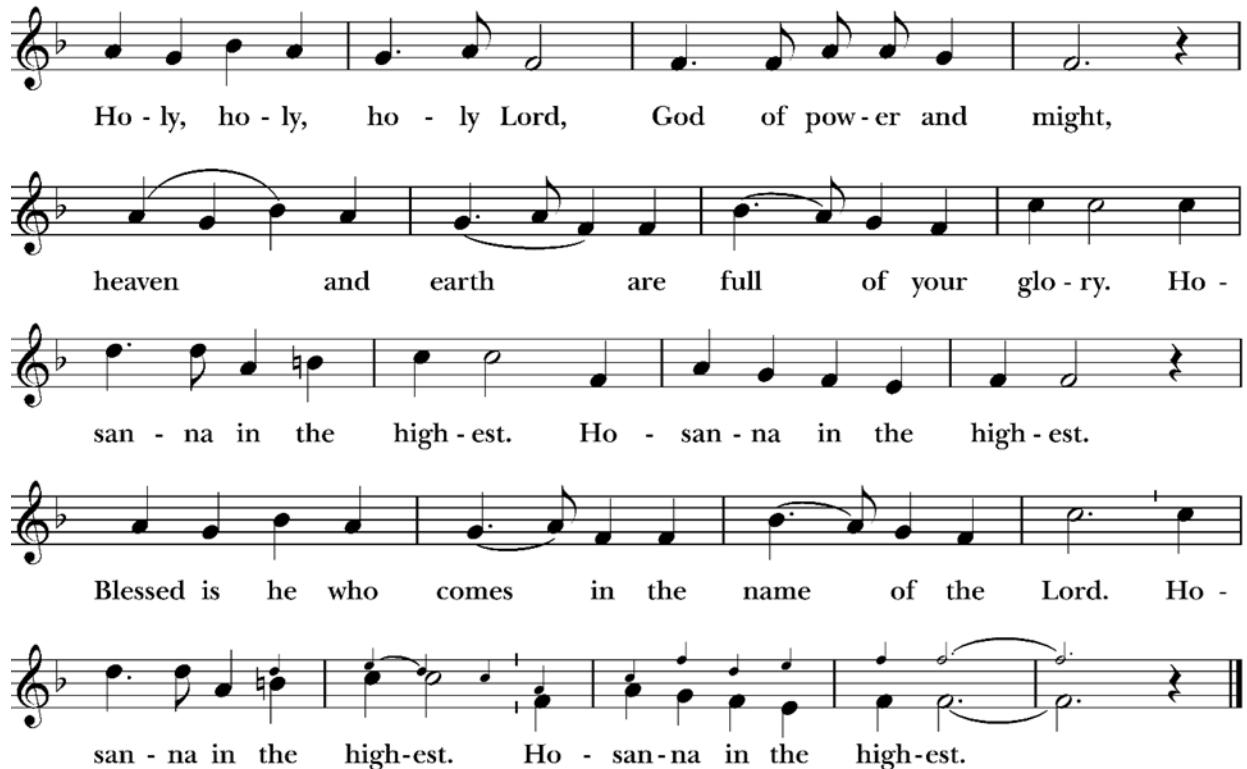
Celebrant The Lord be with you.
People **And also with you.**
Celebrant Lift up your hearts.

People **We lift them to the Lord.**

Celebrant Let us give thanks to the Lord our God.

People **It is right to give God thanks and praise.**

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Almighty God, Creator of heaven and earth, because in the mystery of the Word made flesh, you have caused a new light to shine in our hearts, to give the knowledge of your glory in the face of your Son Jesus Christ our Lord. Therefore we praise you, joining our voices with Angels and Archangels and all company of heaven, who forever sing this hymn to proclaim the glory of your Name:



Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might,
heaven and earth are full of your glo - ry. Ho -
san - na in the high - est. Ho - san - na in the high - est.
Blessed is he who comes in the name of the Lord. Ho -
san - na in the high-est. Ho - san - na in the high-est.

Music: From *A Community Mass*; Richard Proulx (b. 1937). Copyright © 1971, 1977 GIA Publications, Inc.

The Celebrant continues the Eucharistic Prayer.

Therefore we proclaim the mystery of faith:

Celebrant and People

Christ has died.

Christ is risen.

Christ will come again.

The Celebrant continues the Eucharistic Prayer.

All this we ask through your Son Jesus Christ: By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and forever. **AMEN.**

And now, as our Savior Christ has taught us, we are bold to say,

**Our Father in heaven,
 hallowed be your Name,
 your kingdom come, your will be done,
 on earth as in heaven.
 Give us today our daily bread.
 Forgive us our sins
 as we forgive those
 who sin against us.
 Save us from the time of trial,
 and deliver us from evil.
 For the kingdom, the power, and the glory are yours,
 now and forever. Amen.**

THE BREAKING OF THE BREAD

The Celebrant breaks the consecrated Bread. A brief silence follows. All then joining in singing

Cantor or Choir

My flesh is food in - deed, and my blood is drink in -

deed, says the Lord. My Lord. Those who eat my

flesh and drink my blood dwell in me and I in them. My

flesh is food in - deed, and my blood is drink in - deed, says the Lord.

Music: Ray W. Urwin (b. 1950). Copyright © 1984 by Ray W. Urwin. Used by permission.

A Prayer of Spiritual Communion

In union, O Lord, with the faithful at every altar of your Church where the Holy Eucharist is now being celebrated, I desire to offer you praise and thanksgiving. I present to you my soul and body with the earnest wish that I may always be united to you, and, since I cannot now receive you sacramentally, I beseech you to come spiritually into my heart. I unite myself with you and embrace you with all the love of my soul. Let nothing ever separate you from me. May I live in you, and may you live in me, both in this life and in the life to come. Amen.

HYMN DURING COMMUNION

1. This little light of mine,
I'm gonna let it shine
Let it shine, let it shine, let it shine.
2. Hide it under a bushel? No!
I'm gonna let it shine
Let it shine, let it shine, let it shine.
3. Everywhere I go,
I'm gonna let it shine
Let it shine, let it shine, let it shine.
4. Jesus gave it to me,
I'm gonna let it shine
Let it shine, let it shine, let it shine.

POST-COMMUNION PRAYER

Almighty and everliving God,
we thank you for feeding us with the spiritual food
of the most precious Body and Blood
of your Son our Savior Jesus Christ;
and for assuring us in these holy mysteries
that we are living members of the Body of your Son,
and heirs of your eternal kingdom.
And now, Father, send us out
to do the work you have given us to do,
to love and serve you
as faithful witnesses of Christ our Lord.
To him, to you, and to the Holy Spirit,
be honor and glory, now and for ever. Amen.

THE BLESSING

RECESSIONAL HYMN (*see following page*)

A musical score for a hymn. The music is in G major, common time. The vocal line consists of eighth and sixteenth notes. The lyrics are repeated in a verse-chorus format. The first section (verse) includes four lines of lyrics: "1 We are marching in the light of God, we are marching in the light of God." The second section (chorus) includes three lines of lyrics: "We are marching in the light of God, we are marching in the light of God." The third section (verse) includes four lines of lyrics: "We are marching (march - ing, we are march - ing) oo we are marching in the light of God." The fourth section (chorus) includes three lines of lyrics: "We are marching (march - ing, we are march - ing) oo we are marching in the light of God." The music concludes with a final section of lyrics: "2 We are dancing ... 3 We are praying ... 4 We are singing ...". Measure numbers 1, 2, 3, and 4 are indicated above the first, second, third, and fourth sections respectively. Measure 5 is indicated above the final section.

Celebrant Alleluia, alleluia! Let us go forth in the Name of Christ.
People **Thanks be to God. Alleluia, alleluia!**