

# St. Gregory's Episcopal Church

## The Fourth Sunday after Epiphany:

### February 1, 2026

**PRELUDE**.....Sr. Helena Marie, CHS, Musician

#### THE ANGELUS

*The Angelus is a traditional Christian devotion offered before Holy Eucharist and Morning and Evening Prayer in honor of the Incarnation. It is usually accompanied by the ringing of the church bell (in three sets of three for each versicle, response, and Hail Mary, followed by one set of nine for the concluding prayer). You may pray it as the bell rings, or use the silence to prepare for worship in your own way.*

*The first three bells*



*V. The angel of the Lord announced unto Mary,  
R. And she conceived by the Holy Spirit.*

Hail Mary, full of grace, the Lord is with you.  
Blessed are you among women,  
and blessed is the fruit of your womb, Jesus.  
Holy Mary, Mother of God  
pray for us sinners,  
now and at the hour of our death. Amen.

*The second three bells*

*V. Behold the handmaid of the Lord.  
R. Be it unto me according to your word.*

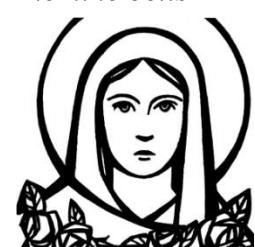
Hail Mary, full of grace...

*The third three bells*

*V. And the Word was made flesh.  
R. And dwelled among us.*

Hail Mary, full of grace...

*The nine bells*



*V. Pray for us, O holy Mother of God,  
R. That we may be made worthy of the promises of Christ.*

Pour your grace into our hearts, O Lord, that we who have known the incarnation of your Son Jesus Christ, announced by an angel to the Virgin Mary, may by his cross and passion be brought to the glory of his resurrection; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. Amen.

## PROCESSIONAL HYMN



1. How blest are those who hum-bly see how much they need the Lord.
2. What joy! When mer-cy fills our lives—when kind-ness is our style.
3. When thou-sands join in peace-ful song; when hun-dreds kneel and pray;



How blest are those who deep-ly grieve the suff-ering in this world.  
What joy! When—pure in heart—we strive to do what is worth-while.  
When one, a - lone, stands up to wrong; when love be-comes our way;



How blest are those who find God's strength in gen-tle-ness and grace.  
What joy! When peo-ple work for peace—for jus-tice in this land.  
When neigh-bors, by the things they do, reach out to those in pain;



How blest are those who long for truth and seek God's lov-ing ways.  
What joy! When whole com-mu-ni-ties seek good-ness, hand in hand.  
Lord Je-sus, may we learn a-new the bless-ings of your reign.

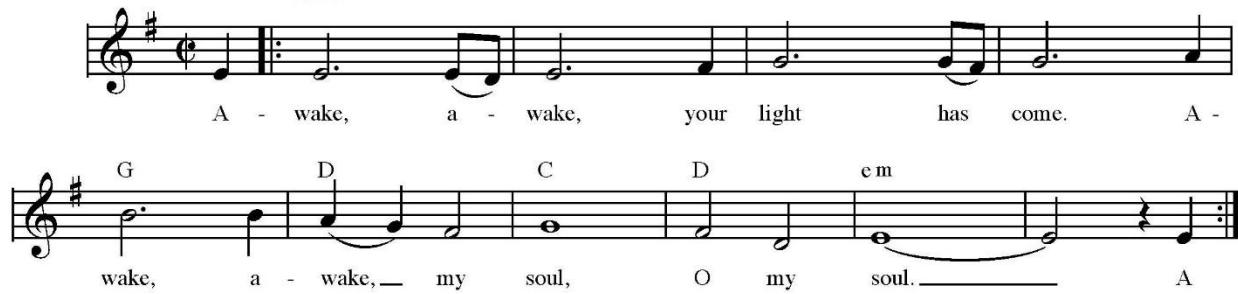
Carolyn Winfrey Gillette, 2026  
*Forest Green*  
Traditional English Melody

## OPENING ACCLAMATION

*Celebrant*      Blessed be God: most holy, glorious, and undivided Trinity.  
*People*      **And blessed be God's kingdom, now and for ever. Amen.**

*Celebrant*      Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

## SONG OF PRAISE



A - wake, a - wake, your light has come. A -  
wake, a - wake, my soul, O my soul. A

## THE COLLECT OF THE DAY

*Celebrant* The Lord be with you.

*People* **And also with you.**

*Celebrant* Let us pray.

Almighty and everlasting God, you govern all things both in heaven and on earth: Mercifully hear the supplications of your people, and in our time grant us your peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

## THE FIRST READING

*Micah 6:1-8*

Hear what the LORD says:

Rise, plead your case before the mountains,  
and let the hills hear your voice.

Hear, you mountains, the controversy of the LORD,  
and you enduring foundations of the earth;  
for the LORD has a controversy with his people,  
and he will contend with Israel.

“O my people, what have I done to you?  
In what have I wearied you? Answer me!

For I brought you up from the land of Egypt,  
and redeemed you from the house of slavery;  
and I sent before you Moses,  
Aaron, and Miriam.

O my people, remember now what King Balak of Moab devised,  
what Balaam son of Beor answered him,  
and what happened from Shittim to Gilgal,  
that you may know the saving acts of the LORD.”

“With what shall I come before the LORD,  
and bow myself before God on high?

Shall I come before him with burnt-offerings,  
with calves a year old?  
Will the LORD be pleased with thousands of rams,  
with tens of thousands of rivers of oil?  
Shall I give my firstborn for my transgression,  
the fruit of my body for the sin of my soul?"  
He has told you, O mortal, what is good;  
and what does the LORD require of you  
but to do justice, and to love kindness,  
and to walk humbly with your God?

*Reader*            Hear what the Spirit is saying to God's people.  
*People*            **Thanks be to God.**

### **Psalm 15 (chanted in unison)**

- 1 Lord, who may dwell in your | **tabernacle**? \*  
    who may abide upon your holy | **hill**?
- 2 Whoever leads a blameless life and does what is | **right**, \*  
    and speaks the truth from their | **heart**.
- 3 There is no guile upon their tongue;  
    they do no evil to their | **friends**; \*  
    they do not heap contempt upon their | **neighbor**.
- 4 In their sight the wicked is **rejected**, \*  
    but they honor those who fear the | **Lord**.
- 5 They have sworn to do no | **wrong** \*  
    and do not take back their | **word**.
- 6 They do not give their money in hope of | **gain**, \*  
    nor do they take a bribe against the | **innocent**.
- 7 Whoever does these | **things** \*  
    shall never be over**thrown**.

### **THE EPISTLE**

*1 Corinthians 1:18-31*

The message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God. For it is written,

"I will destroy the wisdom of the wise,  
and the discernment of the discerning I will thwart."

Where is the one who is wise? Where is the scribe? Where is the debater of this age? Has not God made foolish the wisdom of the world? For since, in the wisdom of God, the world did not know God through wisdom, God decided, through the foolishness of our proclamation, to save those who believe. For Jews demand signs and Greeks desire wisdom, but we proclaim Christ crucified, a stumbling block to Jews and foolishness to Gentiles, but to those who are the called, both Jews and Greeks, Christ the power of God and the wisdom of God. For God's foolishness is wiser than human wisdom, and God's weakness is stronger than human strength.

Consider your own call, brothers and sisters: not many of you were wise by human standards, not many were powerful, not many were of noble birth. But God chose what is foolish in the world to shame the wise; God chose what is weak in the world to shame the strong; God chose what is low and despised in the world, things that are not, to reduce to nothing things that are, so that no one might boast in the presence of God. He is the source of your life in Christ Jesus, who became for us wisdom from God, and righteousness and sanctification and redemption, in order that, as it is written, "Let the one who boasts, boast in the Lord."

Reader            Hear what the Spirit is saying to God's people.  
People            **Thanks be to God.**

#### GOSPEL ALLELUIA



Music: *Mass of Light*, David Haas, © 1988, GIA Publications, Inc.

#### THE GOSPEL

*Matthew 5:1-12*

Celebrant The Holy Gospel of our Lord Jesus Christ according to Matthew.  
People            **Glory to you, Lord Christ.**

When Jesus saw the crowds, he went up the mountain; and after he sat down, his disciples came to him. Then he began to speak, and taught them, saying:

“Blessed are the poor in spirit, for theirs is the kingdom of heaven.  
“Blessed are those who mourn, for they will be comforted.  
“Blessed are the meek, for they will inherit the earth.  
“Blessed are those who hunger and thirst for righteousness, for they will be filled.  
“Blessed are the merciful, for they will receive mercy.  
“Blessed are the pure in heart, for they will see God.  
“Blessed are the peacemakers, for they will be called children of God.  
“Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven.  
“Blessed are you when people revile you and persecute you and utter all kinds of evil against you falsely on my account. Rejoice and be glad, for your reward is great in heaven, for in the same

way they persecuted the prophets who were before you."

*Celebrant*      The Gospel of the Lord.

*People*      **Praise to you, Lord Christ.**

**THE SERMON.....**.....The Rev. Matthew Wright

**THE NICENE CREED**

We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,

the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.

Through him all things were made.

For us and for our salvation

    he came down from heaven:  
    by the power of the Holy Spirit  
    he became incarnate from the Virgin Mary,  
    and was made human.

For our sake he was crucified under Pontius Pilate;

    he suffered death and was buried.

On the third day he rose again

    in accordance with the Scriptures;  
    he ascended into heaven

    and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead,

    and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,  
    who proceeds from the Father and the Son.

With the Father and the Son he is worshiped and glorified.

He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead,

    and the life of the world to come. Amen.

## THE PRAYERS OF THE PEOPLE

*Following each petition, the people sing in response*



Come in your full-ness. We bring our long-ings.  
Life - giv - ing Lord, hear our prayer.

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*The Celebrant adds a concluding Collect.*

## CONFSSION OF SIN

*The Celebrant says*

Let us confess our sins against God and our neighbor.

*Silence*

*Minister and People*

**Most merciful God,**  
**we confess that we have sinned against you**  
**in thought, word, and deed,**  
**by what we have done,**  
**and by what we have left undone.**  
**We have not loved you with our whole heart;**  
**we have not loved our neighbors as ourselves.**  
**We are truly sorry and we humbly repent.**  
**For the sake of your Son Jesus Christ,**  
**have mercy on us and forgive us;**  
**that we may delight in your will, and walk in your ways,**  
**to the glory of your Name. Amen.**

*The Priest says*

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

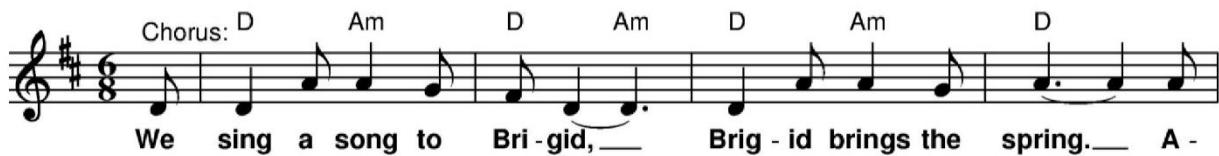
## THE PEACE

*Celebrant*      The peace of Christ be always with you.  
*People*            And also with you.

*The people greet one another with a sign of Christ's peace. Parish announcements may be made.*

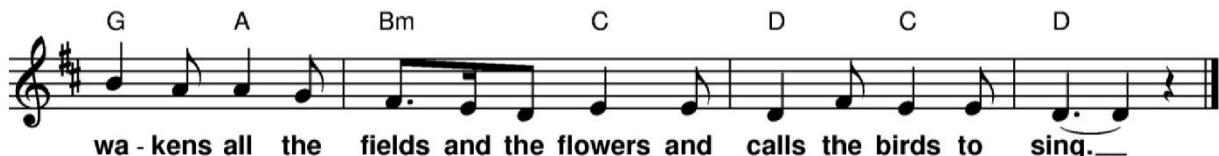
### OFFERTORY HYMN

Chorus: D Am D Am D Am D



We sing a song to Bri-gid, Brig-id brings the spring. A -

G A Bm C D C D



wa-kens all the fields and the flowers and calls the birds to sing. -

D Am D Am D Am D



1 All were welcome at her door, no one was turned a-way. She

G A Bm C D C D



1 loved the poor, the sick and the sore, she helped them on their way. -

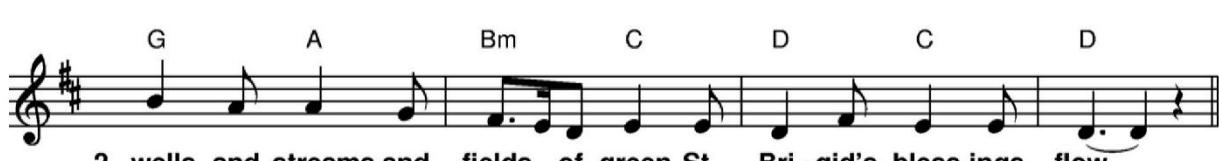
*Repeat chorus*

D Am D Am D Am D



2 She laid her cloak out on the ground and watched it grow\_and grow, In

G A Bm C D C D



2 wells and streams and fields\_of green St. Bri-gid's blessings flow. -

*Repeat chorus*

Words: Clare Maloney

Music: Patricia Hegarty

## DOXOLOGY

Praise God from whom all blessings flow; praise God all creatures here below;  
praise God, the Trinity of love, before, beneath, around, above.  
A - men.

## THE GREAT THANKSGIVING

*Celebrant* The Lord be with you.  
*People* **And also with you.**  
*Celebrant* Lift up your hearts.  
*People* **We lift them to the Lord.**  
*Celebrant* Let us give thanks to the Lord our God.  
*People* **It is right to give God thanks and praise.**

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Almighty God, Creator of heaven and earth, because in the mystery of the Word made flesh, you have caused a new light to shine in our hearts, to give the knowledge of your glory in the face of your Son Jesus Christ our Lord. Therefore we praise you, joining our voices with Angels and Archangels and all company of heaven, who forever sing this hymn to proclaim the glory of your Name:

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might,  
heaven and earth are full of your glo - ry. Ho -  
san - na in the high - est. Ho - san - na in the high - est.  
Blessed is he who comes in the name of the Lord. Ho -  
san - na in the high - est. Ho - san - na in the high - est.

Music: From *A Community Mass*; Richard Proulx (b. 1937). Copyright © 1971, 1977 GIA Publications, Inc.

*The Celebrant continues the Eucharistic Prayer.*

Therefore we proclaim the mystery of faith:

*Celebrant and People*

**Christ has died.**

**Christ is risen.**

**Christ will come again.**

*The Celebrant continues the Eucharistic Prayer.*

All this we ask through your Son Jesus Christ: By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and forever. **AMEN.**

And now, as our Savior Christ has taught us, we are bold to say,

**Our Father in heaven,  
hallowed be your Name,  
your kingdom come, your will be done,  
on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins**

**as we forgive those  
who sin against us.**

**Save us from the time of trial,  
and deliver us from evil.**

**For the kingdom, the power, and the glory are yours,  
now and forever. Amen.**

## THE BREAKING OF THE BREAD

*The Celebrant breaks the consecrated Bread. A brief silence follows. All then joining in singing*

*Cantor or Choir*

My flesh is food in - deed, and my blood is drink in -

1 All

deed, says the Lord. My Lord.

*Cantor or Choir*

Those who eat my flesh and drink my blood dwell in me and I in them. My

All

flesh is food in - deed, and my blood is drink in - deed, says the Lord.

## **A Prayer of Spiritual Communion**

In union, O Lord, with the faithful at every altar of your Church where the Holy Eucharist is now being celebrated, I desire to offer you praise and thanksgiving. I present to you my soul and body with the earnest wish that I may always be united to you, and, since I cannot now receive you sacramentally, I beseech you to come spiritually into my heart. I unite myself with you and embrace you with all the love of my soul. Let nothing ever separate you from me. May I live in you, and may you live in me, both in this life and in the life to come. Amen.

## **POST-COMMUNION PRAYER**

Almighty and everliving God,  
we thank you for feeding us with the spiritual food  
of the most precious Body and Blood  
of your Son our Savior Jesus Christ;  
and for assuring us in these holy mysteries  
that we are living members of the Body of your Son,  
and heirs of your eternal kingdom.  
And now, Father, send us out  
to do the work you have given us to do,  
to love and serve you  
as faithful witnesses of Christ our Lord.  
To him, to you, and to the Holy Spirit,  
be honor and glory, now and for ever. Amen.

## **THE BLESSING**

**RECESSATIONAL HYMN** (*see following page*).....*The Hymnal 1982, #557, vs. 1-4*



1 Re - joice, ye pure in heart! Re - joice, give thanks, and sing! Your  
2 With all the an - gel choirs, with all the saints of earth, pour  
3 Your clear ho - san - nas raise, and al - le - lu - ias loud; while  
4 Yes, on through life's long path, still chant-ing as ye go, from  
5 Still lift your stand-ard high, still march in firm ar - ray, as



1 glo - rious ban - ner wave on high, the cross of Christ your King.  
2 out the strains of joy and bliss, true rap - ture, no - blest mirth.  
3 an - swering ech - oes up - ward float, like wreaths of in - cense cloud.  
4 youth to age, by night and day, in glad - ness and in woe.  
5 war - riors through the dark - ness toil, till dawns the gold - en day.



*Refrain*



Re - joice, re - joice, re - joice, give thanks, and sing.



re - joice, re - joice,

*Celebrant* Alleluia, alleluia! Let us go forth in the Name of Christ.  
*People* **Thanks be to God. Alleluia, alleluia!**