St. Gregory's Episcopal Church

The Third Sunday after the Epiphany

January 21, 2024

THE ANGELUS

The Angelus is a traditional Christian devotion offered before Holy Eucharist and Morning and Evening Prayer in honor of the Incarnation. It is usually accompanied by the ringing of the church bell (in three sets of three for each versicle, response, and Hail Mary, followed by one set of nine for the concluding prayer). You may pray it as the bell rings, or use the silence to prepare for worship in your own way.

The first three bells



- V. The angel of the Lord announced unto Mary,
- *R.* And she conceived by the Holy Spirit.

Hail Mary, full of grace, the Lord is with you.

Blessed are you among women,
and blessed is the fruit of your womb, Jesus.
Holy Mary, Mother of God
pray for us sinners, now,
and at the hour of our death. Amen.

The second three bells

- V. Behold the handmaid of the Lord.
- *R. Be it unto me according to your word.*

Hail Mary, full of grace...

The third three bells

- V. And the Word was made flesh.
- *R.* And dwelled among us.

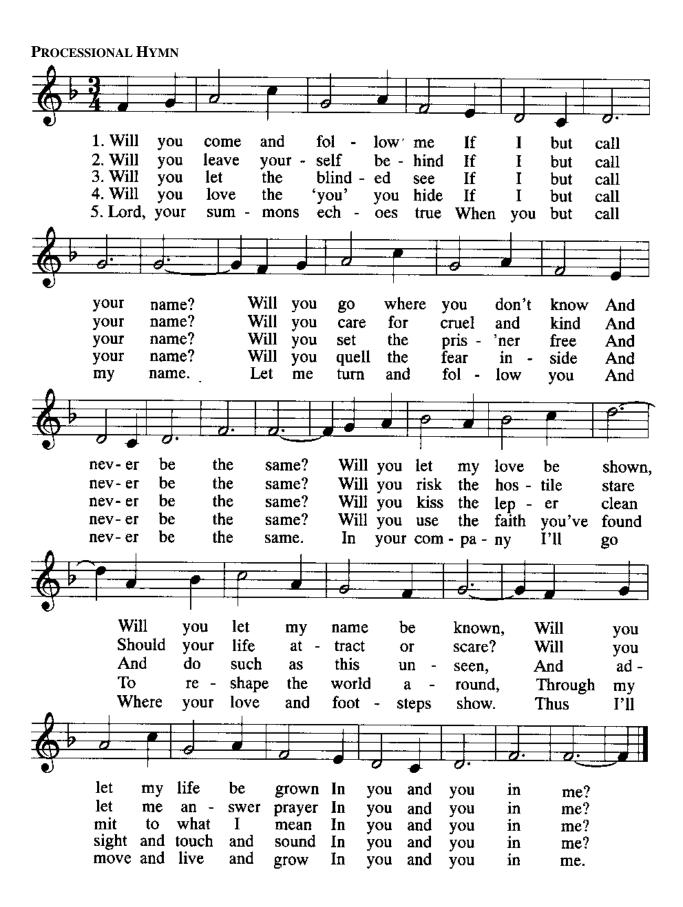
Hail Mary, full of grace...

The nine bells



- V. Pray for us, O holy Mother of God,
- *R.* That we may be made worthy of the promises of Christ.

Pour your grace into our hearts, O Lord, that we who have known the incarnation of your Son Jesus Christ, announced by an angel to the Virgin Mary, may by his cross and passion be brought to the glory of his resurrection; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. Amen.



OPENING ACCLAMATION

Celebrant Blessed be God: most holy, glorious, and undivided Trinity.

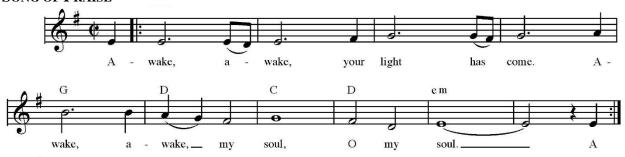
People And blessed be God's kingdom, now and forever. Amen.

Celebrant Almighty God, to you all hearts are open, all desires known, and from you no

secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name;

through Christ our Lord. Amen.

SONG OF PRAISE



Celebrant The Lord be with you.

People And also with you.

Celebrant Let us pray.

THE COLLECT OF THE DAY

Give us grace, O Lord, to answer readily the call of our Savior Jesus Christ and proclaim to all people the Good News of his salvation, that we and the whole world may perceive the glory of his marvelous works; who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen*.

THE FIRST READING

Jonah 3:1-5, 10

A Reading from the Book of Jonah.

The word of the LORD came to Jonah a second time, saying, "Get up, go to Nineveh, that great city, and proclaim to it the message that I tell you." So Jonah set out and went to Nineveh, according to the word of the LORD. Now Nineveh was an exceedingly large city, a three days' walk across. Jonah began to go into the city, going a day's walk. And he cried out, "Forty days more, and Nineveh shall be overthrown!" And the people of Nineveh believed God; they proclaimed a fast, and everyone, great and small, put on sackcloth.

When God saw what they did, how they turned from their evil ways, God changed his mind about the calamity that he had said he would bring upon them; and he did not do it.

Reader Hear what the Spirit is saying to God's people.

People Thanks be to God.

THE RESPONSE (chanted in unison)

Psalm 62:6-14

- 6 For God alone my soul in silence | waits; * truly, my hope is in | God.
- 7 God alone is my rock and my sal|vation, * my stronghold, so that I shall not be | shaken.
- 8 In God is my safety and my | **honor**; * God is my strong rock and my | **refuge**.
- 9 Put your trust in God always, O | **people**, * pour out your hearts before God, who is our | **refuge**.
- 10 Those of high degree are but a fleeting | **breath**, * even those of low estate cannot be | **trusted**.
- 11 On the scales they are lighter than a | **breath**, * all of them to **gether**.
- 12 Put no trust in extortion; in robbery take no empty | **pride**; * though wealth increase, set not your heart u|**pon it**.
- 13 God has spoken once, twice have I | **heard it**, * that power belongs to | **God**.
- 14 Steadfast love is yours, O | **Lord**, * for you repay everyone according to their | **deeds**. but you, O Lord, know it alto|**gether**.

THE EPISTLE 1 Corinthians 7:29-31

A Reading from Paul's First Letter to the Corinthians.

I mean, brothers and sisters, the appointed time has grown short; from now on, let even those who have wives be as though they had none, and those who mourn as though they were not mourning, and those who rejoice as though they were not rejoicing, and those who buy as though they had no possessions, and those who deal with the world as though they had no dealings with it. For the present form of this world is passing away.

Reader Hear what the Spirit is saying to God's people.

People Thanks be to God.

GOSPEL ALLELUIA



Music: Mass of Light, David Haas, © 1988, GIA Publications, Inc.

THE GOSPEL Mark 1:14-20

Celebrant The Holy Gospel of our Lord Jesus Christ according to Mark.

People Glory to you, Lord Christ.

After John was arrested, Jesus came to Galilee, proclaiming the good news of God, and saying, "The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news."

As Jesus passed along the Sea of Galilee, he saw Simon and his brother Andrew casting a net into the sea—for they were fishermen. And Jesus said to them, "Follow me and I will make you fish for people." And immediately they left their nets and followed him. As he went a little farther, he saw James son of Zebedee and his brother John, who were in their boat mending the nets. Immediately he called them; and they left their father Zebedee in the boat with the hired men, and followed him.

Celebrant The Gospel of the Lord.

People Praise to you, Lord Christ.

THE NICENE CREED

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven:

by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man.

For our sake he was crucified under Pontius Pilate;

he suffered death and was buried.

On the third day he rose again

in accordance with the Scriptures;

he ascended into heaven

and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son.

With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead,

THE PRAYERS OF THE PEOPLE

The Leader and People pray responsively

Holy One, we pray for your holy Catholic Church; *That we all may be one.*

and the life of the world to come. Amen.

Grant that every member of the Church may truly and humbly serve you; *That your Name may be glorified by all people.*

We pray for all bishops, priests, and deacons; That they may be faithful ministers of your Word and Sacraments.

We pray for all who govern and hold authority in the nations of the world; *That there may be justice and peace on the earth.*

Give us grace to do your will in all that we undertake; *That our works may find favor in your sight.*

Have compassion on those who suffer from any grief or trouble; *That they may be delivered from their distress.*

Give to the departed eternal rest. *Let light perpetual shine upon them.*

We praise you for your saints who have entered into joy; *May we also come to share in your heavenly kingdom.*

Let us pray for our own needs and those of others.

Silence

The People may add their own petitions.

The Celebrant adds a concluding Collect.

CONFESSION OF SIN

The Celebrant says

Let us confess our sins against God and our neighbor.

Silence

Minister and People

Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will, and walk in your ways,
to the glory of your Name. Amen.

The Priest says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

THE PEACE

Celebrant The peace of Christ be always with you.

People And also with you.

The people greet one another with a sign of Christ's peace. Parish announcements may be made.

OFFERTORY ANTHEM (sung by choir)

DOXOLOGY (sung in unison)

Praise God from whom all blessings flow Praise God all creatures here below Praise God, the Trinity of Love Before, beneath, around, above. Amen.

THE GREAT THANKSGIVING

Celebrant The Lord be with you.

People And also with you.

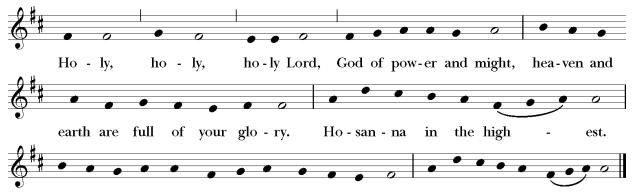
Celebrant Lift up your hearts.

People We lift them to the Lord.

Celebrant Let us give thanks to the Lord our God.

People It is right to give God thanks and praise.

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Almighty God, Creator of heaven and earth, through Jesus Christ our Lord; because in the mystery of the Word made flesh, you have caused a new light to shine in our hearts, to give the knowledge of your glory in the face of your Son Jesus Christ our Lord. Therefore we praise you, joining our voices with Angels and Archangels and all company of heaven, who forever sing this hymn to proclaim the glory of your Name:



Bless-ed is he who comes in the name of the Lord. Ho-san-na in the high - est.

The Celebrant continues the Eucharistic Prayer.

All this we ask through your Son Jesus Christ: By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. *AMEN*.

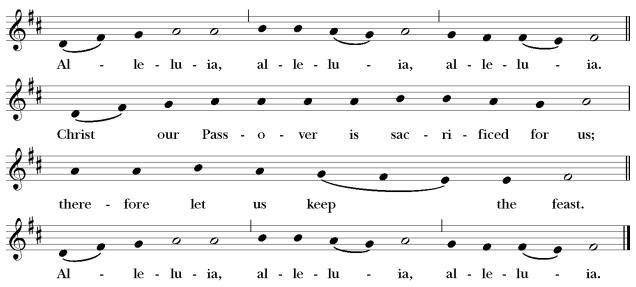
And now, as our Savior Christ has taught us, we are bold to say,

Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses,

as we forgive those
who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom
and the power and the glory
for ever and ever. Amen.

THE BREAKING OF THE BREAD

The Celebrant breaks the consecrated Bread. A brief silence follows. All then joining in singing



If you are unable to physically participate in Communion, you may offer a Prayer of Spiritual Communion during this time.

A Prayer of Spiritual Communion

In union, O Lord, with the faithful at every altar of your Church where the Holy Eucharist is now being celebrated, I desire to offer you praise and thanksgiving. I present to you my soul and body with the earnest wish that I may always be united to you, and, since I cannot now receive you sacramentally, I beseech you to come spiritually into my heart. I unite myself with you and embrace you with all the love of my soul. Let nothing ever separate you from me. May I live in you, and may you live in me, both in this life and in the life to come. Amen.

POST-COMMUNION PRAYER

Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom.

And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord.

To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

THE BLESSING

RECESSIONAL HYMN (see following page)



Words: Henry Frances Lyte (1793-1847). Music: Eventide, William Henry Monk (1823-1889).

Celebrant Alleluia, alleluia! Let us go forth in the Name of Christ. People Thanks be to God. Alleluia, alleluia!